



SUNRISE COUNSELING CENTER

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RICHARD SCHEINBERG, LCSW, BCD

Director

PAST LIFE REGRESSION

- A deeply moving and profoundly spiritual experience
- Remain fully awake and conscious while retrieving lifetime memories
- Explore karma – the past life experiences that lead to your current life experiences
- Discover the lessons you may need to learn in this lifetime
- Meet members of your soul “family” with whom you travel from one lifetime to another
- Guidance by a highly experienced and specially-credentialed psychotherapist
- Reasonable fees

Past life regression utilizes deep meditation and light hypnosis to recover “soul memories” from one or more lifetimes. Through this experience, you may be able to discover that the source of deep-seated issues and patterns that you have experienced in this lifetime may have originated in events that took place in another lifetime.

Sessions are conducted by Mr. Richard C. Scheinberg one of the few psychotherapists on Long Island who has been trained directly by Brian Weiss, M.D., who is the most popular past life regression expert in the world. Mr. Scheinberg is also an author and local expert. He has 27 years experience as a psychotherapist and he founded *Sunrise Counseling Center* in Bay Shore, New York in 1993. He is also completing a second book called *Seeking Soulmates, Spirit Guides and Past Lives* based on his experiences.

The fee ranges from \$275-\$325 for one 2-2½ hour session. Though you will remember every minute of the session, a professional cassette taping is included. A 45-minute introductory session (\$95) is suggested to see if a past life regression experience is for you! Appointments are offered on a first come, first served basis.